

The content in this preview is based on the last saved version of your email - any changes made to your email that have not been saved will not be shown in this preview.

May 2021



The Center for  
**Safe and Secure Schools**  
Harris County Department of Education

Safety Always First in Education

## Hurricane Preparedness

(Courtesy of Lone Star College)



## Disaster Supply Kit BASIC CHECKLIST

- |  |   |
|--|---|
| <input type="checkbox"/> Water – At least ten day supply (one gallon per person per day) | <input type="checkbox"/> Tools (wrench, pliers, hammer, tape, etc.)   |
| <input type="checkbox"/> Food – At least ten day supply of nonperishable/canned food     | <input type="checkbox"/> Sanitation (toilet paper, personal hygiene items, towel, etc.)   |
| <input type="checkbox"/> First Aid Kit   | <input type="checkbox"/> Change of clothes and bedding  |
| <input type="checkbox"/> Flashlight with extra batteries                                 | <input type="checkbox"/> Important family documents (birth certificates, insurance/bank account information, mortgage, pet records, etc.) |
| <input type="checkbox"/> Battery-powered or hand crank radio                             | <input type="checkbox"/> Food, water and medicine for your pets   |
| <input type="checkbox"/> Medical supplies (prescriptions, pain relievers, etc.)          | <input type="checkbox"/> Kennels or crates, collars and leashes for each pet  |
| <input type="checkbox"/> Special items (diapers, formula, glasses, etc.)                 | <input type="checkbox"/> Cash   |

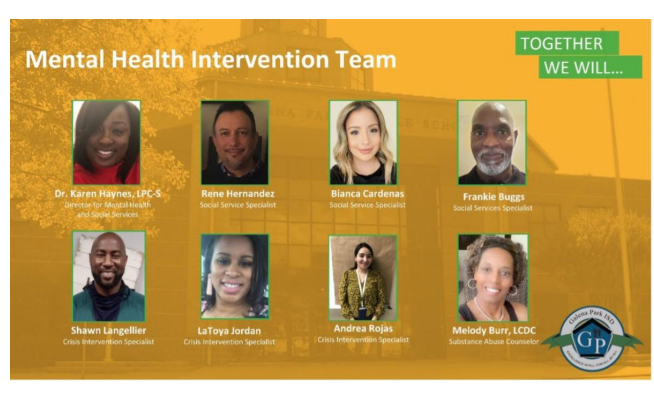


[www.readyharris.org](http://www.readyharris.org)

Hurricane season runs from June 1 – November 30. We want you to be prepared, both at work and at home. Please take the time to review these valuable resources to keep your family safe and prepared:

- [Hurricane Preparedness Flyer](#)
- [CDC 2020 Hurricane Season During COVID-19](#)
- [National Weather Service Houston/Galveston Hurricane & Severe Weather Guide](#)

# CSSS Happenings



## CSSS Member Spotlight: Galena Park ISD's Mental Health Intervention Team

Galena Park ISD's Mental Health Intervention Team (MHIT) is an interdisciplinary team comprised of Licensed Mental Health/Substance Abuse Professionals, Social Services Specialists and VOCA Crisis Intervention Specialists.

- The MHIT provides an array of services for students, staff and parents including:
- campus visits to support the growing mental health and emotional needs during a crisis event;
  - prevention and intervention mental health and substance abuse services; and
  - ongoing training and support on important topics related to mental health and substance abuse (including community members.)

As a team, they provide ongoing training and support to staff, students, parents, and community members on important topics related to mental health and substance abuse. As a team, they are committed to reducing the stigma surrounding mental health and substance use disorder. The MHIT's goal is to foster the mental health and wellness of GPISD's students, parents and staff by creating a safe space for them to share their experiences and thoughts with a sense of reassurance, compassion, trust and optimism.

The MHIT works collaboratively with campus administrators, counselors, and district-level staff to support the district's mission statement to prepare students to become productive citizens and lifelong learners.

### Team Members:

- Dr. Karen Haynes, LPC-S
- Frankie Buggs – Social Services Specialist
- Melody Burr – District Substance Abuse Counselor
- Bianca Cardenas – Social Services Specialist
- Rene Hernandez – Social Services Specialist
- LaToya Jordan – VOCA Crisis Intervention Specialist
- Shawn Langellier – VOCA Crisis Intervention Specialist
- Andrea Rojas – VOCA Crisis Intervention Specialist

## Climate and Culture

### Mental Health First Aid Training

**Why take a Mental Health First Aid course?**  
 Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.



According to Mental Health First Aid:

- One in five American adults experience a mental health disorder in a single year.
- Almost half of all Americans will experience a mental illness during the course of their lifetime.
- More than 20 million Americans, ages 12 and older, will face an addiction.

**Save the dates**

CSSS will offer Youth and Adult Mental Health First Aid trainings on the following dates:

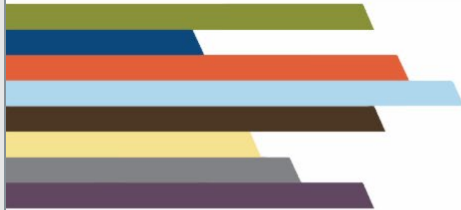
**Adult Mental Health First Aid**

- [Wednesday, Aug. 4, 2021](#)

**Youth Mental Health First Aid**

- [Wednesday, May 19, 2021](#)
- [Wednesday, June 23, 2021](#)

*These courses include a self-paced, 2-hour training component in addition to a 4-hour live virtual component for a total seat time of six hours.*



**Registration is now open!** You may need to make an account to access the registration. Please contact Dennis Calloway by emailing [dcalloway@hcde-texas.org](mailto:dcalloway@hcde-texas.org) if you have registration questions. This blended learning course is limited to 20 participants and will consist of a two-hour self-paced online class.

\*Dates for future training opportunities to follow!



South Southwest (HHS Region 6)  
**MHTTC** Mental Health Technology Transfer Center Network  
 Funded by Substance Abuse and Mental Health Services Administration



**MENTAL HEALTH FIRST AID®**



## Take Care Tuesday Podcast

The Center for Safe and Secure Schools' "Take Care Tuesday" podcast debuted in June 2020 and has performed phenomenally. In addition to our listeners in the United States, we've had listeners from Ireland, Nigeria, the United Kingdom, Germany and Singapore.



**Available now:**

- Jarad Davis (Director, Wraparound Services for HISD) discusses with Cierra Nickerson, "Nurturing the Whole Child" (**New!**)

Access current and prior podcasts.

[Listen Now](#)

## BJA STOP School Violence Grant

### Grant-Supported Professional Development Training



### Social Media and Online Threat Assessment Training

In 2021, the BJA STOP School Violence grant will focus heavily on providing social media and online threat assessment trainings during the first half of the year.

### **Youth Mental Health First Aid**

Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

### **Walk It Like You Talk It: Building and Restoring Connections before Content**

This 1-1/2 hour training engages participants in building strategies to establish community in the classroom (virtually or face-to-face).

### **Mindfulness for Teachers: How to Incorporate Mindfulness in the Classroom**

This 1-hour workshop will provide participants with the fundamentals of mindfulness, meditation, self-awareness, and various active mindfulness exercises to promote healthy well-being.

### **Intro to Restorative Practices**

This training allows participants to experience the impact of a virtual Restorative Circle. Participants will have an opportunity to experience a community building circle process and develop the skills to plan and facilitate a virtual Restorative Circle.

## **Upcoming Trainings / Save The Date**

### **Virtual Workshops:**

#### **May**

- [May 19](#) – Youth Mental Health First Aid (8:30 a.m. - 3 p.m.)

#### **June**

- [June 1, 3, 8 and 10 \(4-Days\)](#) – Implicit Bias Awareness Series (4 - 6 p.m.)
- [June 9](#) – Threat Assessment Planning: Looking Through a 20/20 Lens (9 a.m. - noon).
- [June 23](#) – Youth Mental Health First Aid (8:30 a.m. - 3 p.m.)

### **In-Person Workshops:**

#### **June**

- [June 8](#) – Basic ICS for Campus Administrators (9 a.m. - 12:30 p.m.)
- [June 10](#) – Basic NIMS for Campus Administrators (9 a.m. - 12:30 p.m.)
- [June 22](#) – Basic ICS for Campus Administrators (9 a.m. - 12:30 p.m.)
- [June 24](#) – Basic NIMS for Campus Administrators (9 a.m. - 12:30 p.m.)

Center for Safe and Secure Schools | A Division of Harris County Department of Education  
6005 Westview, Houston, TX 77055



[View as Webpage](#)