# 2022 TRAINING CALENDAR

FALL





# ABOUTUS

#### **Center for Afterschool, Summer and Enrichment for Kids (CASE)**

CASE for Kids, a division of Harris County Department of Education, services improve program quality and equalize access to afterschool, summer and enrichment opportunities - because what happens between school and home matters. To learn more about CASE for Kids services, visit www.hcde-texas.org/after-school

HCDE is a unique, educational hybrid serving school districts, governmental agencies, nonprofits and the public in the third-largest county in the U.S. HCDE annually serves a quarter-million students and educators through schools for students with profound special needs; the largest adult education program in Texas; Head Start early childhood education; schoolbased therapy services; and afterschool programs. Educator professional development and certification, school safety, records management, and a purchasing cooperative are also provided. #SeeTheImpact at www.hcde-texas.org.

#### **Harris County Department of Education** (HCDE)

## **PD OPTIONS**

CASE for Kids strives to offer multiple professional development options to meet the needs of Out-of-School Time (OST) field. Let us know what you need!

We offer:

- In-person workshop opportunities
- Live webinars
- Deeper dive workshops
- Virtual library of recorded webinars (completion of exit ticket for certificate)
- CPR/First Aid certification workshops
- Professional learning communities
- CASE Quality Team recommendations for free national webinars

Workshops for Fall 2022 are planned as in-person sessions. Participants will be notified via email if any changes are needed.





## SEPTEMBER

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified about any changes to workshops based on COVID-19 impact

Ready, Set, Transition <u>In-person workshop, Friday, September 16, 2022</u> 10:00 am- 12:00 pm <u>Recorded webinar available September 30,2022</u>

How many times do students switch activities in your program? Transitions between activities can be a point of stress for students and adults. Let's talk about strategies that reduce tension, encourage self-regulation and create learning opportunities.

Creating an Atmosphere for Positive Outcomes <u>Live, in-person workshop, Friday, September 23, 2022, 10:00 am- 12:00 pm</u>

Now is the time to set a positive tone that will last for the whole school year. In this workshop, we will reflect on all the stakeholders in your program (children, guardians, staff, community) and develop or re-visit techniques to improve customer service, communication, confidentiality standards and value driven practices. Come ready to share and learn from others as we all work to create inclusive, empowered and service-oriented approaches that produce great outcomes!



### SEPTEMBER

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified about any changes to workshops based on COVID-19 impact Care for the Caregiver In-person workshop, Thursday, September 29, 2022 10:00 am- 12:30 pm

Student well-being and academic success depends on the stability and well-being of teachers and caregivers, and many of us have been "hanging by a thread" and/or "burning the candle at both ends." This highly interactive workshop focuses on self-care and stress reduction for educators, OST professionals, and other caregivers. New skills can be applied immediately, and many activities can be used with students.

**Bullying: A Deeper Dive** Live, in-person workshop, Friday, September 30, 2022, 9:30 am- 12:30 pm

This year, over 13 million American kids will be bullied at school, online, on the bus, at home, through their cell phones and on the streets of their towns, making it the most common form of violence against children. Join CASE for Kids as we view the award-winning movie and discuss what can be done in OST. This workshop is part of our recognition of October as Anti- Bullying Month. Hearty snacks will be provided.



# DEEPER DIVE

#### WORKSHOPS

Click on workshop type and date to register. Sometimes you just need more time to discuss a topic! CASE for Kids is trying out longer workshops that begin at 9:30 am and are three hours long!

Bullying: A Deeper Dive Live, in-person workshop, Friday, September 30, 2022, 9:30 am- 12:30 pm

This year, over 13 million American kids will be bullied at school, online, on the bus, at home, through their cell phones and on the streets of their towns, making it the most common form of violence against children. Join CASE for Kids as we view the award-winning movie and discuss what can be done in OST. This workshop is part of our recognition of October as Anti- Bullying Month. Hearty snacks will be provided.

Planning and Reflection in OST: A deeper dive <u>Live, in-person workshop, Friday, November 11, 2022, 9:30 am- 12:30 pm</u>

Are you engaging youth in the critical life skills of planning and reflection? Are you ready to be more intentional about including planning and reflection strategies into your daily activities but not sure where to start? This workshop provides a deeper dive into powerful and easy to use methods that promote youth engagement in planning, implementing, and evaluating activities and projects. Come with questions and concerns to engage in dialogue with your colleagues. Heavy snacks will be provided.

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified if an in-person event needs to be changed to a virtual session based on COVID-19.

CASE for Kids Learning Community Live in-person workshop, Thursday, October 6, 2022, 9:30 am- 12:00

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and adapt their practices through social interaction.. CASE for Kids' staff will provide updates and resources on OST matters and facilitate discussion.

Building Community in OST Live in-person workshop, Friday, October 7, 2022, 10:00 am - 12:00 pm Recorded webinar available by October 31, 2022

Do you know what it takes to build an emotionally and physically safe space for youth? Building an emotionally safe community of peers and adults is essential for youth to learn and develop as individuals. This interactive workshop will introduce participants to a variety of activities desgned to support the community building process.

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified if an in-person event needs to be changed to a virtual session based on COVID-19.

#### **Youth Voice**

<u>Live in- person workshop, Thursday, October 13, 2022, 10:00 am-12:00 pm</u> <u>Recorded webinar available by October 31, 2022</u>

Are you providing young people with authentic, meaningful choices throughout your program? Does your program reflect the input of the youth involved? Research shows that quality programs incorporate youth input at both activity and organizational levels. This workshop will emphasize the importance of offering real choices and meaningful participation to youth, and nurturing youth leadership. This interactive workshop is focused on providing meaningful choice within activities and opportunities for youth input within the youth program itself.

Cooperative Learning <u>Live in-person workshop, Friday, October 14, 2022, 10:00 am - 12:00 pm</u> <u>Live webinar, Friday, October 14, 2022 12:30 pm- 2:00 pm</u> <u>Recorded webinar available by October 31, 2022</u>

Do the youth in your program have opportunities to work together in groups, teaching and learning from each other? Cooperative learning is an excellent way to nurture youth leadership, build community, and keep things fun. This interactive workshop will equip participants with grouping strategies and ways to build cooperative learning.

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified if an in-person event needs to be changed to a virtual session based on COVID-19.

#### CPR/First Aid and AED \$45 <u>Live, in-person workshop, Tuesday, October 18, 2022, 9:00 am-12:00 pm</u>

Whether you need emergency training for your job or to keep your loved ones safe, this course provides the training you need from a certified Red Cross instructor. Learn immediate care procedures for cardiac, breathing and first aid emergencies through lecture and hands-on scenarios. Get the skills you need to save a life. Successful completion of the course provides certification and access to a link to digital refresher courses within two years of your certification.

Ask, Listen, Encourage Live in-person workshop, Thursday, October 20, 2022, 10:00 am-12:00 pm Recorded webinar available by October 31, 2022

Do you communicate with youth in a way that makes them feel supported and heard? This workshop introduces communication techniques that help you build more supportive, youth-centered relationships. Participants learn how to ask effective questions, to listen actively to youth, and offer youth encouragement rather than praise.



Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified if an in-person event needs to be changed to a virtual session based on COVID-19.

Supporting Belonging in OST Live in-person workshop, Thursday, October 27, 2022, 10:00 am-12:00 pm <u>Recorded webinar available by October 31, 2022</u>

Regardless of the setting, when students feel they belong to a community, they're more likely to thrive, according to numerous studies. This workshop will provide an opportunity to engage in a hands-on and interactive overview of the research that promotes creating a supportive learning environment. Come ready to reflect on your own biases and work on developing the critical awareness necessary to create a community of belonging.

Painting Your Heart: A guided journey to self-discovery Live in-person workshop, Friday, October 28, 2022, 10:00 am - 12:00 pm

This experiential workshop aims to reduce stress, help heal trauma and restore emotional balance. Through interaction with experienced art practitioner and group, participants express their emotions in colors and shapes. This non-verbal self-expression gives an opportunity to share life stories in a safe and creative way. This experience creates space for reflection, self-understanding, and healing. No prior art skills are required. Materials will be provided



#### NOVEMBER

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop.

#### Developing Emotional Intelligence

Live in-person workshop, Friday, November 4, 2022, 10:00 am - 12:00 pm

This emotional intelligence seminar will teach you how to gain respect from everyone you encounter. It will teach you how to achieve consensus among your teammates and co-workers, faster and without misunderstandings. It will cover the keys to overcoming the causes of difficult behaviors in others. Learn to get the results that you want from others. Understand how your emotions affect others and how others' emotions affect you. Discover how emotional intelligence can eliminate the headaches that come from miscommunication and misunderstandings.

#### **Climbing the Youth Voice Ladder**

<u>Live, in=person workshop, Thursday, November 10, 202</u>2, <u>10:00 am-12:00 pm</u> <u>Recorded webinar available by November 30, 2022</u> <u>Live webinar, Thursday, November 10, 2022</u> <u>12:30 pm- 2:00 pm</u>

Many youth organizations boldly state "We listen to youth." But do they really? Do you? In this workshop, you will be able to evaluate your practices, define the benefits of youth voice and develop strategies for incorporating it on multiple levels.



#### NOVEMBER

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop.

Planning and Reflection in OST: A deeper dive <u>Live, in-person workshop, Friday, November 11, 2022, 9:30 am- 12:30 pm</u> <u>Recorded webinar available by November 30, 2022</u>

Are you engaging youth in the critical life skills of planning and reflection? Are you ready to be more intentional about including planning and reflection strategies into your daily activities but not sure where to start? This workshop provides a deeper dive into powerful and easy to use methods that promote youth engagement in planning, implementing, and evaluating activities and projects. Come with questions and concerns to engage in dialogue with your colleagues. Heavy snacks will be provided.

Meeting the Needs of OST Students Live, in-person workshop, Thursday, November 17, 2022, 10:00 am- 12:00 pm

In this workshop, out-of-school time professionals will learn more about Trust-Based Relational Intervention®. (TBRI®) is an attachment -based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering-Principles to address physical needs, Connecting-Principles to address attachment needs, and Correcting-Principles to disarm fear-based behaviors.



#### AMPLIFY YOUR LEADERSHIP IN YOUTH DEVELOPMENT

<u>Symposium, Friday, November 18, 2022, 8:30 am - 1:30 pm</u> \$40 HCDE Conference Center, 6300 Irvington Blvd. Houston, 77022

" If your actions inspire others to dream more, learn more, do more, and become more, you are a leader" - John Quincy Adams

Challenge yourself to explore new perspectives, and make key connections about your leadership skills! Content of the Symposium is applicable for both current OST leaders and aspiring leaders. Interact with your peers to build relationships that will strengthen the OST field and build your leadership capacity.

Details on workshops and logistics will be emailed once registered. Lunch and snacks will be served, free on-site parking. Certificates for professional development and resources will be sent post Symposium.

> Symposium will be held at **HCDE Conference Center**, 6300 Irvington Blvd, Houston, 77022



#### DECEMBER

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified if an in-person event needs to be changed to a virtual session based on COVID-19.

**Structure and Clear Limits** Live, in-person workshop, Friday, December 2, 2022, 10:00 am - 12:00 pm Recorded webinar available by December 31, 2022

How do you prevent chaos in a youth environment without stifling the positive energy of youth? Youth need structure and clear limits in order to feel safe. This interactive workshop helps participants analyze the level of structure in their programs and practice identifying and maintaining clear limits.

CPR /First Aid and AED \$45 Live, in-person workshop, Wednesday, December 7, 2022, 9:00 am-12:00 pm

Whether you need emergency training for your job or to keep your loved ones safe, this course provides the training you need from a certified Red Cross instructor.Learn immediate care procedures for cardiac, breathing and first aid emergencies through lecture and hands-on scenarios. Get the skills you need to save a life. Successful completion of the course provides certification and access to a link to digital refresher courses within 2 years of certification.



#### DECEMBER

Click on workshop type and date to register. Certificates are provided based on participation and time in workshop. Registrants will be notified if an in-person event needs to be changed to a virtual session based on COVID-19.

CASE for Kids Professional Learning Community <u>Live in-person workshop, Thursday, December 8, 20022, 9:30 am - 12:00 pm</u>

Join colleagues from all aspects of the OST world to learn, problem solve and collaborate. The Learning Community provides a place where OST professionals can exchange knowledge, acquire skills and change their practice in and through social relationships. Hearty snacks will be served.



## **RECORDED WEBINARS**

The virtual library of recorded webinars features local OST content experts and CASE for Kids staff. Recorded versions of some Fall 2022 workshops will be posted. Registration is required to view a recording. Certificates of attendance will be provided when you complete an exit ticket.

**Topics include:** Social and Emotional Learning (SEL) for students and adults Activities for OST programs (direct care and virtual) **Classroom/Behavior Management** Communication Literacy/Numeracy Click to view topics & register





#### NATIONAL WEBINARS

#### Virtual Lab School **Afterschool Alliance** CASEL **ASCD** <u>edWeb</u> **Common Sense Education**

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